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Antisense targeting of 3'end elements involved in *DUX4* mRNA processing is an efficient therapeutic strategy for Facioscapulohumeral Dystrophy: a new gene silencing approach.

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ABSTRACT

Defects in mRNA 3' end formation have been described to alter transcription termination, transport of the mRNA from the nucleus to the cytoplasm, stability of the mRNA and translation efficiency. Therefore, inhibition of polyadenylation may lead to gene silencing. Here, we choose Facioscapulohumeral Dystrophy (FSHD) as a model to determine whether or not targeting key 3'end elements involved in mRNA processing using antisense oligonucleotide drugs can be used as a strategy for gene silencing within a potentially therapeutic context. FSHD is a gain-of-function disease characterized by the aberrant expression of the DUX4 transcription factor leading to altered pathogenic deregulation of multiple genes in muscles. Here we demonstrate that targeting either the mRNA polyadenylation signal and/ or cleavage site is an efficient strategy to downregulate *DUX4* expression and to decrease the abnormally high pathological expression of genes downstream of DUX4. We conclude that targeting key functional 3'end elements involved in pre-mRNA to mRNA maturation with antisense drugs can lead to efficient gene silencing and is thus a potentially effective therapeutic strategy for at least FSHD. Moreover polyadenylation is a crucial step in the maturation of almost all eukaryotic mRNAs, and thus all mRNAs are virtually eligible for this antisense-mediated knockdown strategy.

INTRODUCTION

The cleavage and polyadenylation of the 3' end of pre-mRNAs are fundamental processing steps for the maturation of the vast majority of eukaryotic mRNAs. In human cells, these reactions are governed by more than 80 RNA-binding proteins and by regulatory cis-acting RNA sequence elements (for reviews see (1-3)). The key element dictating the cleavage is a 6 nucleotide (nt) motif called the poly(A) signal (PAS). Most of the mammalian mRNAs contain the PAS consensus AAUAAA or AUUAAA hexamer or close variants (4-6) which is recognized by the multimeric set of cleavage and polyadenylation factors. This RNA-protein interaction determines the site of cleavage which usually occurs 10-30 nt downstream of the PAS. The second important element is a U/GU-rich sequence (Downstream Sequence Element, DSE) contacted by the cleavage stimulation factor (CstF) and located 30-60 nt downstream the PAS motif (for review see (7)). In most cases, these co-transcriptional maturations are required for nuclear export and stability of mRNAs, and their efficient translation (8), and thus consequently represent attractive and interesting drug and/or genetic targets for suppression of gene expression. Indeed, the functional importance of the 3'end mRNA processing has been highlighted by the discovery of mutations in the PAS cis-element causing or contributing to human diseases including haematologic diseases, neurodegenerative diseases, or cancer (for review see (9)).

The aim of our study was to determine whether or not targeting elements involved in pre-mRNA maturation (such as PAS or DSE) using antisense oligonucleotide drugs can be a strategy for gene silencing within a potentially therapeutic context. We focused on Faciocalculohumeral Dystrophy (FSHD) which is a rare autosomal dominant neuromuscular disorder with an incidence of 1:14,000 to 1:20,000 characterized by the atrophy of specific groups of muscles (10). This pathology is caused by a loss of epigenetic marks within the D4Z4 macrosatellite located in the sub-telomeric region of chromosome 4 leading to

chromatin relaxation (11). In 95% of the FSHD patients (named FSHD1), this chromatin relaxation is associated with a contraction of the D4Z4 array (12, 13). The remaining 5% of the FSHD patients (named FSHD2) do not present a contraction of D4Z4 but the vast majority of them carry a mutation in the epigenetic modifier gene *SMCHD1* (14, 15). This loss of epigenetic marks, when associated with a permissive chromosome 4 (ie carrying the 4qA haplotype containing the ATTAAA PAS commonly found in human (16)), leads to the aberrant transcription of a double homeobox transcription factor named DUX4 whose ORF is present in each D4Z4 repeat (17). DUX4 protein and mRNA have been robustly detected in adult and fetal FSHD1 and FSHD2 cells and biopsies whereas they can be found at very low levels in control (18-21) *DUX4* mRNA is only expressed in 1/1000 nuclei but DUX4 protein can be found in 0.5-9% of nuclei (18, 22), suggesting that although DUX4 is not transcribed in most nuclei, the resulting protein may spread further (23). DUX4 is a transcription factor and its overexpression is described to disturb several cellular pathways (23-30). Moreover, it was shown that even if DUX4 expression has not been directly linked to patient's phenotype, DUX4 may play a major role in the pathophysiology of FSHD because : (i) it has been shown that at least one D4Z4 repeat is needed for FSHD onset (31), (ii) only alleles with the 4qA type (containing the AUUAAA PAS for *DUX4* mRNA) are associated with FSHD (32, 33), (iii) contraction of the D4Z4 array on chromosome 10 which carries a mutated PAS (AUCAAA) does not lead to FSHD (16), (iv) DUX4-induced gene expression is the major molecular signature in FSHD skeletal muscles (34), and (v) DUX4 expression is the common point between FSHD1 and FSHD2 patients (16).

Several therapeutic strategies targeting DUX4 expression have been proposed in the literature: RNA interference, 2'-O-methyl antisense oligonucleotides (AO) targeting intron-exon junctions or over-expression of truncated DUX4 (27, 35-37). Here we describe a new therapeutic AO-based therapeutic approach for FSHD using phosphorodiamidate morpholino

oligomers (PMOs) targeting the key elements of 3' end processing of the *DUX4* transcript and which represent the key disease-permissive feature of the FSHD1 and 2 locus. Indeed, during the past 10 years, synthetic AOs have emerged as a promising strategy for drug therapy of genetic disorders affecting skeletal muscles such as the muscular dystrophies and motor-neuron diseases. PMOs have been mainly described to bind with high affinity the targeted pre-mRNAs and mRNAs and to form a stable hybrid that efficiently blocks access of splicing or translation machineries (so-called steric blocking AOs). PMOs can also form a structure mimicking a tRNA precursor which is recognized by RNaseP leading to mRNA cleavage (for review see (38, 39)). Numerous studies investigating the therapeutic potential of antisense technology have been already performed and several clinical trials are now in progress for muscular dystrophies (40-43).

In this article, we choose to target the 3' key elements of *DUX4* pre-mRNA, focusing on the disease-permissive PAS, the cleavage site and the U/GU-rich DSE sequence. We demonstrated *in vitro* that targeting the 3' end elements of mRNA with antisense drugs can be an efficient therapeutic strategy for a genetic disease. We observed that targeting *DUX4* 3' key elements leads to an efficient extinction of *DUX4*, may redirect the mRNA cleavage site and prevents aberrant expression of genes downstream of the *DUX4* transcription factor.

RESULTS

Determination of 3' end key elements of *DUX4* mRNA and PMO design

For muscle tissue, one PAS (AUUAAA) has been described for *DUX4* mRNA, located 766 bp downstream of the stop codon in genomic DNA (16). Because the *DUX4* gene gives rise to two *DUX4-FL* isoforms (*DUX4-FL1* with spliced intron 1 and *DUX4-FL2* with non-spliced intron 1), the cleavage site of *DUX4* was precisely determined by RT-3'RACE-PCR using primers allowing the detection of each isoform. Total RNAs were extracted from FSHD

myotubes at day 4 of differentiation when *DUX4* expression is the highest (21). The sequences of the PCR products revealed the presence of 3 different cleavage sites located 16 to 22 bp after the PAS for both *DUX4-FL1* and *-FL2 DUX4* isoforms (Fig. 1A-B). However, these cleavage sites are not used at the same frequencies. The cleavage site located 22 bases downstream of the PAS represents 78% of the *DUX4-FL1* isoforms but only 41% of *DUX4-FL2* isoforms thus showing the interplay between mRNA cleavage site and splicing (Fig. 1A-B). In order to investigate the therapeutic potential of AONs targeting 3' key elements of *DUX4* mRNA, we designed AONs covering either the PAS (PMO-PAS), the cleavage sites and the polyA (PMO-CS1 to 3) or the U/GU-rich (PMO-DSE) sequence (Fig. 1C). Briefly, PMOs were designed to (i) contain little or no self-complementarity (ii) form no more than 16 contiguous intrastrand hydrogen bonds (iii) contain no more than 9 total guanines (>36% G) or more than 3 contiguous guanines to ensure good water solubility, and (iv) where possible to target more than one of the 3' key elements with one PMO. For these reasons, the cleavage site PMOs contains either a single mismatch to target (PMO-CS2 and PMO-CS3) or do not target contiguous bases (PMO-CS1). These PMOs were of varying lengths (25mers to 30mers) (Table 1).

PMOs induce a down expression of *DUX4* mRNA

The efficacy of each PMO was evaluated in a dose dependent manner after transfection into differentiated immortalized FSHD clones. Total RNAs were extracted from myotubes and RT-PCR allowing the detection of either *DUX4-all* (Fig. 2A), or *DUX4-FL1* and *-FL2* (Fig. 2B) was performed. No modification of *DUX4-all* mRNA was observed with PMO-control compared to unlipofected cells thus showing that introduction of PMO-control does not modify *DUX4* expression. With PMO-CS1, -CS2 and -DSE, 27% +/- 5, 25% +/- 17 and 36% +/- 10 reduction of *DUX4-all* mRNA was observed respectively at the highest PMO

concentration used compared with PMO-control (Fig. 2A). The highest efficacies were obtained with the PMO-PAS and -CS3 for which a dose-dependent reduction of *DUX4-all* levels was observed with 40% +/- 6 and 52% +/- 7 inhibition at 50nM respectively (Fig. 2A). These two antisense oligonucleotides were investigated further to ascertain if both *DUX4* isoforms were identically targeted by them. A decreased expression of both isoforms was observed at 50nM when primers allowing the detection of both *DUX4-FL1* and *FL-2* (*DUX4*-3'UTR oligonucleotides) were used (Fig. 2B).

PMO-CS3 induces a redirection of cleavage region

Because 22 to 54% of human mRNA have more than one poly(A) sites (4, 5), and because redirections of the poly(A) signal have been described in the presence of antisense oligonucleotides targeting the poly(A) of other mRNAs (44, 45), *in silico* analyses were performed which revealed the presence of putative alternative poly(A) signal downstream of exon 3 (Fig. 3A). A redirection of the poly(A) and/or cleavage sites was thus investigated in the presence of the different PMOs at the highest concentration by 3'RACE nested PCR using forward primers located in exon 3. A switch in cleavage site or poly(A) usage was not observed with any of the PMOs except PMO-CS3 (Fig. 3B). The sequence of this supplemental band revealed that the cleavage site of the residual *DUX4* mRNA in the presence of PMO-CS3 was ~40 nt upstream of the canonical cleavage site (Fig. 3C), thus suggesting that an alternative poly(A) signal was used to generate this new cleavage site. However, *in silico* analysis of the genomic region upstream of this alternative cleavage site (up to *DUX4* exon2) did not reveal the presence of any of the 13 PAS previously described (4). This new cleavage site is used in approximatively 20% of the residual *DUX4* mRNAs.

PMO-PAS and –CS3 induce a knockdown in expression of genes downstream of DUX4 in FSHD cells

Because DUX4 protein is very hard to detect, expression levels of DUX4 biomarkers were investigated. Indeed, DUX4 being a transcription factor, the expression levels of several genes downstream of DUX4 have been described to be modulated after DUX4 expression among them *TRIM43*, *MBD3L2* and *ZSCAN4* (21, 27, 46). the expression of these three genes was determined by RT-qPCR in the presence of the PMOs in a dose dependent manner. No significant modulation of their expressions was observed in the presence of PMO-control compared to unlipofected condition. PMO-CS1, -CS2 and –DSE moderately modulate expression of genes downstream of DUX4 at the lowest concentrations used but a down expression of *TRIM43* is observed at the highest concentration. The best modulation of the genes downstream of DUX4 was observed in the presence of PMO-PAS and –CS3 in a dose dependent manner (Fig. 4).

Since we have previously published that DUX4 is able to spread from one FSHD nucleus to neighboring nuclei thus inducing an aberrant activation of genes downstream of DUX4 in many nuclei (23), one possible explanation for the lower expression of *TRIM43*, *MBD3L2* and *ZSCAN4* observed in the presence of the PMO-PAS and –CS3 could have been an inhibition of myotube formation mediated by the PMOs. PMO-transfected cells were immunostained with the MF20 antibody recognizing all the myosin heavy chains (Fig. 5A) and fusion indexes were calculated by counting the number of nuclei in MF20-positive myotubes containing 3 or more nuclei as the percentage of total number of nuclei (Fig. 5B). No statistically significant differences were observed with PMO treatment thus showing that the downregulation of the genes downstream of DUX4 in the presence of the PMOs was not due to myotube formation impairment but rather to lowered DUX4 expression.

No significant off-targets are predicted

The potential off-target effects were also evaluated, PMOs targeting the *DUX4* transcript were submitted to short-input-sequence BLAST searches against coding and non-coding human genome nucleotide collection databases (nr/nr and nr/nt: see Table 3). According to BLAST a very strong match is considered to have E-value of $<1e-04$, whereas a poor match has E-value $>1e-03$. For each PMO, the two BLAST returns showing highest alignment scores (lowest E-values) were selected for further analysis. With the exception of PMO-CS1 which contains specifically selected deletions, all designed PMOs returned a very strong match to the desired *DUX4* transcript (E-value $\leq 2e-05$), whereas all of the off-target gene candidates show high E-values >0.5 . Predicted off-target sequence matches that showed homology on their negative or forward strand, corresponding to RNA transcript, were selected for calculation of total free energy of binding using the RNAup Server (Table 3; Supplementary figure S1). The only potential off-target interactions on the RNA transcript (ie negative strand) was GYS2 for PMO-PAS and PTPRT for PMO-CS1, but overall free energies of binding were low (-16.62 and -6.60 respectively), and with major mismatches (8/21 and 12/29, respectively). These data suggest a low probability of interference of any of the designed PMOs targeting *DUX4* with off target RNAs.

DISCUSSION

Several strategies using antisense oligonucleotides have been described during the last decade. Upon binding, AOs can alter the original function of the targeted mRNA through an array of different mechanisms. In the literature, AOs have been described to (i) prevent 5'cap formation, (ii) bind the pre-mRNA to modulate splicing by masking the splicing sequences to force exon inclusion or exclusion, (iii) induce mRNA degradation after the recognition of the duplex AO-mRNA (depending on the chemical modification used), (iv) inhibit ribosome

access to the mRNA leading to the suppression of protein translation, (v) modulate polyadenylation selection in transcripts with more than one poly(A) in their 3'UTR (for review see (39)). However, to our knowledge, the possibility to target the 3'UTR key elements of the mammalian pre-mRNA to inhibit the polyadenylation in genetic diseases has not been studied.

As previously described, defects in mRNA 3' end formation can result in disruption of gene expression processes in a number of ways, including: transcription termination; transport of the mRNA from the nucleus to the cytoplasm; stability of the mRNA; translation efficiency and the inhibition of polyadenylation, which in turn might lead to gene silencing (for review see (47)). In this study we investigate the possibility of interference in the 3'end mRNA processing as a therapeutic approach in the FSHD model. Since FSHD is a gain of function disease, characterized by the aberrant over-expression of the *DUX4* gene, the therapeutic strategies should therefore be based on gene silencing rather than gene rescue. Here we show that targeting the 3' end elements involved in mRNA processing is an effective way to decrease *DUX4* expression and prevent aberrant expression of genes downstream of *DUX4*.

Among the 5 AONs tested, only 2 of them lead to a significant decrease of *DUX4* mRNA levels under the conditions evaluated. PMOs length could play an important role in their efficacies, since PMO-CS3 is the only 30-mer used in this study and is the antisense oligonucleotide showing the best efficiency. The number of mismatches could also play a role affecting their relative activity when compared to a completely homologous sequence of equal length. Secondary structures may also have affected effectiveness of the PMOs and secondary structures of exon 3 of *DUX4* or the AON were analyzed *in silico* using thermodynamic methods. Indeed, the probability of interaction between the AON and the targeted mRNA can be impacted by the presence of closed or opened conformations at the site of hybridization (47). When calculating the minimum free energy of a folded mRNA molecule using mfold

(<http://mfold.rna.albany.edu/?q=mfold/RNA-Folding-Form2.3>) (48, 49), the exon 3 of *DUX4* was predicted to form highly stable secondary structure with free energies of – 56.3 kcal/mol (Fig. 6). The resulting outputs show that *DUX4* poly(A) is located within the region of an open confirmation, whereas the cleavage site and the DSE lay within a closed region. The PAS thus appears more accessible than the DSE and this could explain the low efficacy of the PMO-DSE which totally overlap a closed region.

Different mechanisms may be involved in the down-regulation of the targeted mRNA in the presence of the PMOs. The first one is that the duplex formation of the PMO with the mRNA 3'UTR could prevent poly(A) tail elongation. The second one could be the removal of the entire tail mediated by a deadenylase-dependent cutting of the poly(A) tail as previously described in zebrafish (50), thus affecting mRNA stability. Another possibility is that spatial rearrangements of the 3'UTR in the presence of the PMO could have modulated the nonsense mediated decay (NMD) pathway (51). In one hand, it was previously shown that NMD is an endogenous suppressor of *DUX4* mRNA that contributes to the low expression of *DUX4* in FSHD cells (30). But in the other hand, *DUX4* expression was also described to inhibit NMD by decreasing UPF1 levels (30). The PMO-*DUX4* duplex formation, causing a destabilization of *DUX4* mRNA by at least one of the mechanisms described earlier, could have thus increased NMD activity, enhancing *DUX4* repression.

Recent discoveries have revealed that many human genes use more than one poly(A) and cleavage sites, indicating that alternative polyadenylation (APA) is a widespread phenomenon. The use of APA has been described to play important roles in several human diseases such as (i) in Oculopharyngeal muscular dystrophy (OPMD), in which mutations in PABPN1 result in a global enhancement of usage of proximal cleavage sites, leading to an unbalanced formation of alternative mRNA 3'ends and to a modification of gene expression through aberrant microRNA regulation (52); (ii) in β -thalassemia, in which a loss-of-function

of globin 3' end processing linked to an alteration of the poly(A) site is one of the causes of this disease, resulting in the generation of an unstable transcript that is ~900 nt longer (for reviews see (1, 7)); (iii) a single nucleotide polymorphism in the U/GU rich region downstream of an alternative poly(A) signal in the Fibrinogen gamma haplotype 2 (FGG-H2) gene has been shown to affect the usage of this poly(A) and has been associated with increased risk of deep-venous thrombosis (53). Considering that the use of antisense oligonucleotides targeting the poly(A) site can lead to the use of APA and cleavage site (44, 45), one important point raised in our experiments was to determine if such a redirection was observed in the presence of the PMOs. Although in the presence of PMO-CS3 the cleavage site was detected to be redirected by ~40 nt upstream of its normal position, it was still considerably distal to any of the previously described alternative poly(A) signals (4). Interestingly, this finding does not fit with the current consensus describing that there are 4 general classes of APA, including: tandem 3'UTR APA; alternative terminal exon APA; intronic APA; and internal exon APA (1). This could be explained by the steric congestion at the PAS and cleavage site provided by the PMO-CS3 and the cellular proteins involved in the polyadenylation process, respectively. The cleavage factors would be then forced to cleave the pre-mRNA upstream of the poly(A) signal, resulting in a new cleavage site but still utilizing the original poly(A) site. Importantly, in the 14 sequences analyzed, the same cleavage region was observed, strongly suggesting a specificity to the target sequence. Alternatively, a novel APA was used that has not been previously described (4).

A redirection of the cleavage site associated to the alternative poly(A) site located in exon 7 of *DUX4* was not observed either. It was shown that chromosomes 4 and 10 produce *DUX4* mRNA in human testes (18). These transcripts can use alternative 3' exons with a poly(A) signal in exon 7, leading to a *DUX4* mRNA carrying exons 1-2-6-7 or exons 1-2-4-5-6-7.

Exons 3 and 7 thus seem to be mutually exclusive. It is therefore not surprising to not observe a redirection of the cleavage site to exon 7 when exon 3 is targeted.

Targeting the 3' end elements of mRNA could thus represent an alternative approach for gene silencing compared to classic antisense oligonucleotide approaches leading to exon skipping, translation inhibition, or mRNA destruction into the cytoplasm. The strategy to interfere with the mRNA 3' end processing provides a number of advantages. First, polyadenylation is a crucial step required for the maturation of almost all eukaryotic mRNAs (except for histones), meaning that virtually any mRNA can be subjected to this strategy. Second, genes with only 1 exon can be targeted using AON hybridizing the 3' end key elements. Third, AON targeting the poly(A) signals may be investigated in a therapeutic context for some disease caused by utilization of inadequate APAs. For example, some mantle cell lymphoma patients express isoforms of *cyclinD1* mRNA with short 3'UTR compared to healthy individuals. Shortening of the 3'UTR is caused by the mutations in the *CCND1* gene leading to the creation of a premature poly(A) signal. This mutated mRNA lacks most of the 3'UTR region that contains mRNA destabilizing elements, making the *CCND1* mRNA abnormally stable (54). Therefore targeting a premature poly(A) with AON to promote the use of the distal poly(A) may also serve as an promising approach to treat disease.

MATERIAL AND METHODS

PMO were manufactured and supplied by Gene Tools (LLC, Philomath, USA). The DNA leashes for PMO transfection were synthesized by Eurogentec and their sequences are indicated in table 1. Before transfection, the PMOs (2.5 µl at 1 mM) were annealed with the leash (25 µl at 100 µM) in final volume of 50µL (12.5µL of PBS10X and 10µL of RNase-free water) (final concentration of leashed PMO 50 µM) using the following protocol: 95°C for

5min, 85°C for 1min, 75°C for 1min, 65°C for 5min, 55°C for 1min, 45°C for 1min, 35°C for 5min, 25°C for 1min and then held at 15°C. Efficient annealing was verified using gel electrophoresis band shift as previously described (55). Leashed PMOs were stored at 4°C.

Immortalized FSHD clones have been characterized previously (56). Cells were cultivated in proliferation medium [4 vols of DMEM (Dulbecco's modified Eagle medium), 1 vol of 199 medium, FBS (Fetal Bovine Serum) 20%, gentamycin 50µg/mL (Life Technologies, Saint Aubin, France)] supplemented with insulin 5µg/mL, dexamethasone 0.2µg/mL, β-FGF 0.5ng/mL, hEGF 5ng/ml and fetuine 25µg/mL. The differentiation was induced by replacing the proliferation medium by DMEM supplemented with insulin (10µg/mL). Two days after the induction of differentiation, the transfections were realized using Lipofectamine® RNAiMax Reagent (Life Technologies) according to the manufacturer's instructions. Cells were harvested at day 4 of differentiation.

RNA extraction from cultured cells was performed using Trizol according the manufacturer's protocol (Life Technologies, Saint Aubin, France). RNA concentration was determined using a nanodrop ND-1000 spectrophotometer (Thermo Scientific, Wilmington, USA). Reverse transcription was performed on 1µg of total RNA in 10µl final volume (Roche Transcriptor First Strand cDNA Synthesis Kit, Roche, Meylan, France) with a NVT primer (GCGAGCTCCGCGGCCGCGTTTTTTTTTTTVN) (10µM) according to the manufacturer instructions. The PCR for *DUX4-all* was performed on 1µL of cDNA using 2X Reddy Mix PCR Master Mix (Thermo Scientific) according the manufacturer's instructions. The PCR program was the following: 94°C for 5min, followed by 35 cycles at 94°C for 20 s and 60°C for 20 s and 72°C for 20s, finished with 72°C for 7min. Quantitative PCR (qPCR) was designed according to the MIQE standards (57). The primers used for both PCR and qPCR are indicated in table 2. Quantitative PCRs were performed in a final volume of 9µL with 4µL of RT product, 0.18µL of each forward and reverse primers at 20µM, and 4.5µL of SYBR®

For the 3'RACE, the RT was realized with an oligo dT adapter primer: (GCTGTCAACGATACGCTACGTAACGGCATGACAGTGT

TTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT) as described in table 2. The primary PCRs were performed in a final volume of 15μL with 1uL of RT product, 3μL of reverse primer at 20μM (Table 2) and 1μL of primer at 20μM, 7.5μL 2X ReddyMix PCR Master Mix (Thermo Scientific). The PCR cycling conditions were 94°C for 5min, followed by 5 cycles at 94°C for 20 s and 72°C for 50 s, then 5 cycles at 94°C for 20s and 70°C for 30s and 72°C for 20s, and 25 cycles at 94°C for 20s and 68°C for 20s and 72°C for 30s, finished with 72°C for 7min. The nested PCRs were realized in a final volume of 15μL with 1μL of primary PCR product, 1μL of reverse and/or forward primers 20μM, 7.5μL 2X ReddyMix PCR Master Mix (Thermo Scientific). The PCR cycling conditions were 94°C for 5min, followed by 35 cycles at 94°C for 20s and 60°C for 20s and 72°C for 30s, finished with 72°C for 7min. Nested PCR products were purified according Nucleospin Gel and PCR Clean Up manufacturer instructions (Macherey-Nagel). Fragments were cloned into TOPO TA vector with TOPO TA Cloning kit (Lifetechnologies). Cleavage sites were determined by sequencing at least 10 colony-forming units.

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FIGURES LEGENDS

Figure 1: 3' end key elements of *DUX4* mRNA and PMO design.

A and B: To determine the cleavage sites of *DUX4* mRNA, a RT using an oligo dT adapter primer was realized on total mRNAs isolated from FSHD myotubes at day 4 of differentiation. The 3'RACE-PCR was performed using forward primer matching exon 1 and reverse primer recognizing the adapter. The PCR products were cloned into a TOPO-TA plasmid and 27 and 17 clones were sequenced for *DUX4-FL1* (A) and *-FL2* (B) respectively. The frequencies of the cleavage site usages are indicated. Arrows indicate the location of the primers used. The poly(A) site is bolded and underlined and the poly(A) tail is in bold.

C: Sequences recognized by the different PMOs targeting *DUX4*. The position +1 is defined as the first base of the poly(A) site. The sequences recognized by the PMOs are indicated as well as their position on the mRNA. Deletions are represented by hyphen (-). Nucleotidic substitutions are indicated.

Figure 2: *DUX4* expression in the presence of the PMOs

Immortalized FSHD myotubes were transfected with PMOs in a dose dependent manner. (A) The percentage of residual *DUX4-all* mRNA was measured by semi quantitative PCR using ImageJ software on gel scans. Independent transfections for PMO-control, -PAS, -CS1, -CS2, CS3, and -DSE (n≥6) were performed. Values are compared to unlipofected conditions. All data represent mean +/- Standard Error of Mean (SEM). A multiparametric analysis of variance and a Newman-Keuls post hoc test were performed (*p<0.05; **p<0.01; ***p<0.001). (B): Representative RT-PCR analysis using *DUX4-3'UTR* primers in the presence of PMO-control, PAS, and -CS3 at 50 nM. As a negative control, a PMO targeting a human β -globin mutation that causes β -thalassemia was be used. *B2M* was used as the reference (housekeeping) gene.

Figure 3: PMO-CS3 induces a switch in cleavage site usage.

A redirection of poly(A) usage was investigated in the presence of the different PMOs. (A) *In silico* analyses and literature (18) reveal the presence of alternative polyadenylation site in the subtelomeric region of chromosome 4. (B) 3'RACE nested PCR using forward primers located in exon 3 shows a switch in cleavage site only in the presence of PMO-CS3. The bands with (**) or without (*) a redirection of the cleavage site are indicated. (C) Sequence of the most abundant mRNA carrying the redirected cleavage site (*DUX4* pre-mRNA). The sequence of poly(A) site is underlined and bolded. The poly(A) tail is in bold. The frequencies of each variant showing alternative cleavage site usage are indicated (14 analyzed sequences).

Figure 4: Expression of the genes downstream of DUX4 in presence of the PMOs

Expression levels of *TRIM43* (A), *ZSCAN4* (B) and *MBD3L2* (C) were measured by RT-qPCR in FSHD myotubes (4 days of differentiation) in the presence of the PMOs at different concentrations and compared to the PMO control at the same concentration. Values are compared to unlipofected conditions. *B2M* was used as a normalizer. Data represent mean +/- standard error of mean from independent transfections for PMO-control, -PAS, -CS1, -CS2, CS3, and -DSE (n≥6). A multiparametric analysis of variance and a Newman-Keuls post hoc test were performed (*p<0.05; **p<0.01; ***p<0.001).

Figure 5: Fusion index of immortalized FSHD myotubes in the presence of the PMOs

Immortalized FSHD myotubes were transfected at day 2 of differentiation with the different PMOs at 50 nM. At day 4 of differentiation, cells were stained with MF20 antibody recognizing all the myosin heavy chain and counterstained with Dapi (A). Fusion indexes were calculated by counting the number of nuclei in myotubes containing more than 2 nuclei

as the percentage of total number of nuclei (B). The transfections were performed 6 times for the unlipofected, 4 times for PMO-control, -PAS -DSE, and 2 times for PMO-CS1, CS2-, CS3. In each experiment, 1000 nuclei were counted. All data represent mean +/- Standard Deviation (SD).

Figure 6: Secondary structure predictions of *DUX4* mRNA

Mfold analysis was performed on the 3' end of *DUX4* (starting first nucleotide of exon 3 and ending 230 nucleotides downstream). The poly(A) signal and the cleavage region are boxed in red. The positions of the sequences recognized by the PMOs are in yellow for the PMOs inducing a strong down-regulation of *DUX4*, whereas the others are in blue. Examples of opened and closed RNA secondary structures are indicated.

TABLE LEGENDS

Table 1: Characteristics of the PMOs

PMO name	PMO sequence 5'-3'	Leash sequence 5'-3'	Length (bp)	%GC
PMO-PAS (-13 +12)	GGGCATTTTAATATATCTCTGAACT	gattgGATATATTAAAATGCCCgtgat	25	0.32
PMO-CS1 (-5 +32)	CTATAGGATCCACAGGGCATTTTAATATC	gttacCCCTGTGGATCCTATAGgtgat	29	0.38
PMO-CS2 (-1 +27)	GGATCCACAGGGAGGAGGCATTTTAATA	gattgTCCCTCCCTGTGGATCCgtgat	28	0.46
PMO-CS3 (+2 +31)	TATAGGATCCACAGGGAGGAGGCATTTTAA	gaatgTCCCTGTGGATCCTATAgtgat	30	0.43
PMO-DSE (+32 +56)	CATCACACAAAAGATGCAAATCTTC	gattgGCATCTTTTGTGTGATGgtgat	25	0.36
PMO-Control	CCTCTTACCTCAGTTACAATTATA	gattgTAACTGAGGTAAGAGGgtgat	25	0.32

N.A. : Non applicable

The locations, the PMO sequences and the leash sequences (uppercases indicate the complementary region between leash and PMO, lowercases indicates the free ends), the percentage of GC and the length are shown.

Table 2: Primers used in this study

Targeted gene	Primer	Accession number	Sequence	Location	Size (bp)	qPCR efficiency (calculated from slope)
RT- oligonucleotides	Oligo_dT_3'RACE	N.A.	GCTGTCAACGATACGCTACGTAACGGCATGA CAGTGTTTTTTTTTTTTTTTTTTTTTT	N.A	N.A	N.A
	Oligo_NVT	N.A.	GCGAGCTCCGGCCGCGTTTTTTTTTTVN	N.A.	N.A	N.A
PCR oligonucleotides	<i>DUX4-all</i> DUX4-all_fw DUX4-all_rev	ENSG00000260596	CCCAGGTACCAGCAGACC TCCAGGAGATGTAACCTCTAATCCA	Spanning Exon2-Exon3 Exon3	164bp	N.A.
	<i>DUX4-3'UTR</i> DUX4-3'UTR_fw DUX4-3'UTR_rev	HQ266760 (<i>DUX4-β1</i>) and HQ266761 (<i>DUX4-β2</i>)	AGGCGCAACCTCTCCTAGAAAC TCCAGGAGATGTAACCTCTAATCCA	Exon1 Exon3	368bp and 504bp	N.A.
qPCR oligonucleotides	<i>B2M</i> B2M_fw B2M_rev	NM_004048.2	CTCTCTTTCTGGCCTGGAGG TGCTGGATGACGTGAGTAAACC	Exon1 Exon2	67bp	100%
	<i>MBD3L2</i> MBD3L2_fw MBD3L2_rev	NM_144614.3	CGTTCACCTCTTTTCCAAGC AGTCTCATGGGGAGAGCAGA	Exon1 Exon2	142bp	106%
	<i>TRIM 43</i> TRIM43_fw TRIM43_rev	NM_138800.1	ACCATCACTGGACTGGTGT CACATCTCAAAGAGCCTGA	Exon6 Exon7	100bp	109%
	<i>ZSCAN4</i> ZSCAN4_962U20_fw ZSCAN4_rev	NM_152677.2	CTGGAGCAGTTTATGATTGG AGCTTCCTGCCCTGCATGT	Exon3 Exon4	162bp	98%
	3'RACE_3' Primer_rev 3'RACE_3' Nested_rev	N.A. N.A.	GCTGTCAACGATACGCTACGTAACG CGTACGTAACGGCATGACAGTG	N.A. N.A.	N.A N.A	N.A N.A
	<i>DUX4</i> 3'RACE_Exon1_fw 3'RACE_Exon1_Nested_fw 3'RACE_3' Exon3_fw 3'RACE_3' Exon3_Nested_fw	ENSG00000260596 ENSG00000260596 ENSG00000260596	CTCTCTAGAAACGGAGGCCCG CTCGTGGAAGCACCCCTCAGC CGCACCCGCGCTGACGTGCAAG CGCTGGCCTCTCTGTGCCTTG	Exon1 Exon1 Exon3 Exon3	N.A N.A N.A N.A	N.A N.A N.A N.A

N.A. : Non applicable

Table 3: Prediction of the anti-DUX4 off target candidates

PMO name	Target name	E-value	% identity	No. of base overlap	Predicted homology with (+/-) strand	Coding/non-coding	Overall free binding energy (ΔGi)
PMO-PAS	<i>DUX4</i>	4,00E-05	100	25/25	-	Non-coding	-32.04
	<i>IL1RAPL2</i>	0.58	72	18/25	+	N.A	N.A.
	<i>GYS2</i>	2.3	68	17/25	-	Non-coding	-16.62
PMO-CS1	<i>C1ORF101</i>	0.91	72	21/29	+	N.A.	N.A.
	<i>DUX4</i>	3.6	59	17/29	-	Non-coding	-21.82
	<i>PTPRT</i>	3.6	59	17/29	-	Non-coding	-6.60
PMO-CS2	<i>DUX4</i>	2,00E-05	96	27/28	-	Non-coding	-38.02
	<i>OTOF</i>	0.82	75	21/28	+	N.A.	N.A.
	<i>POR</i>	0.82	64	18/28	+	N.A.	N.A.
PMO-CS3	<i>DUX4</i>	2,00E-05	97	29/30	-	Non-coding	-37.93
	<i>OTOF</i>	0.99	70	21/30	+	N.A.	N.A.
	<i>POR</i>	0.99	60	18/30	+	N.A.	N.A.
PMO-DSE	<i>DUX4</i>	4,00E-05	100	25/25	-	Non-coding	-27.41
	<i>TCRA/TC</i>	0.58	72	18/25	+	N.A.	N.A.
	<i>KCNJ6</i>	2.3	68	17/25	+	N.A.	N.A.

N.A. : Non applicable

Each PMO sequence was run through the BLAST software, optimised for short input sequences and limited to human and nt/nr database. Overall binding energy was calculated only for the predicted targets that show sequence homology with the PMO on their negative strand (-). The units of ΔGi are expressed in kcal/mol. Abbreviations: *IL1RAPL2*, interleukin 1 receptor accessory protein-like 2; *GYS2*, glycogen synthase 2; *C1ORF101*, chromosome 1 open reading frame 101; *PTPRT*, protein tyrosine phosphatase receptor type T; *OTOF*, otoferlin; *POR*, P450 cytochrome oxidoreductase; *TCRA/TCRD*, T cell receptor alpha delta locus; *KCNJ6*, potassium channel inwardly rectifying subfamily J member.

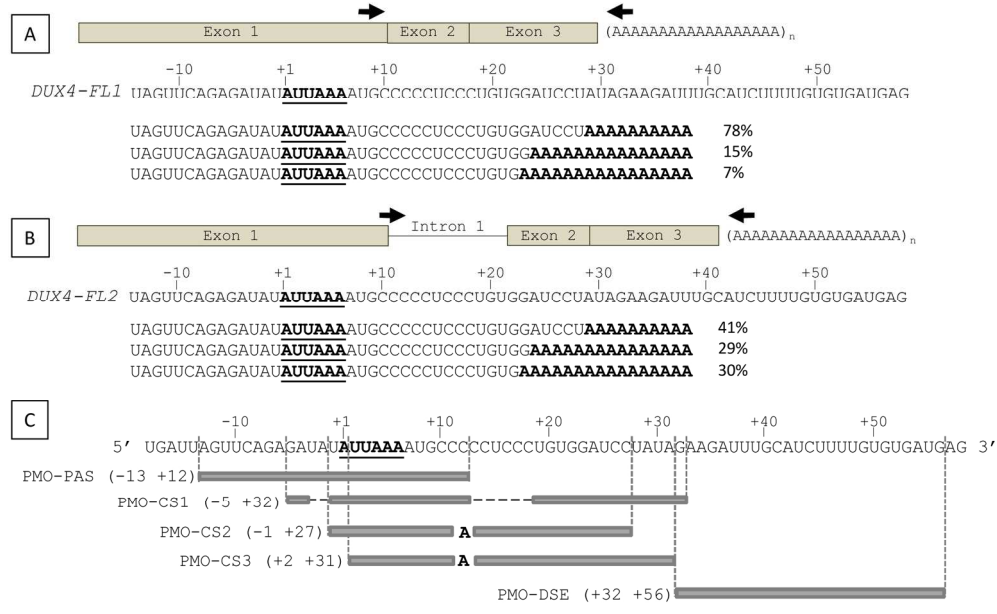


Figure 1: 3' end key elements of DUX4 mRNA and PMO design.

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180x108mm (300 x 300 DPI)

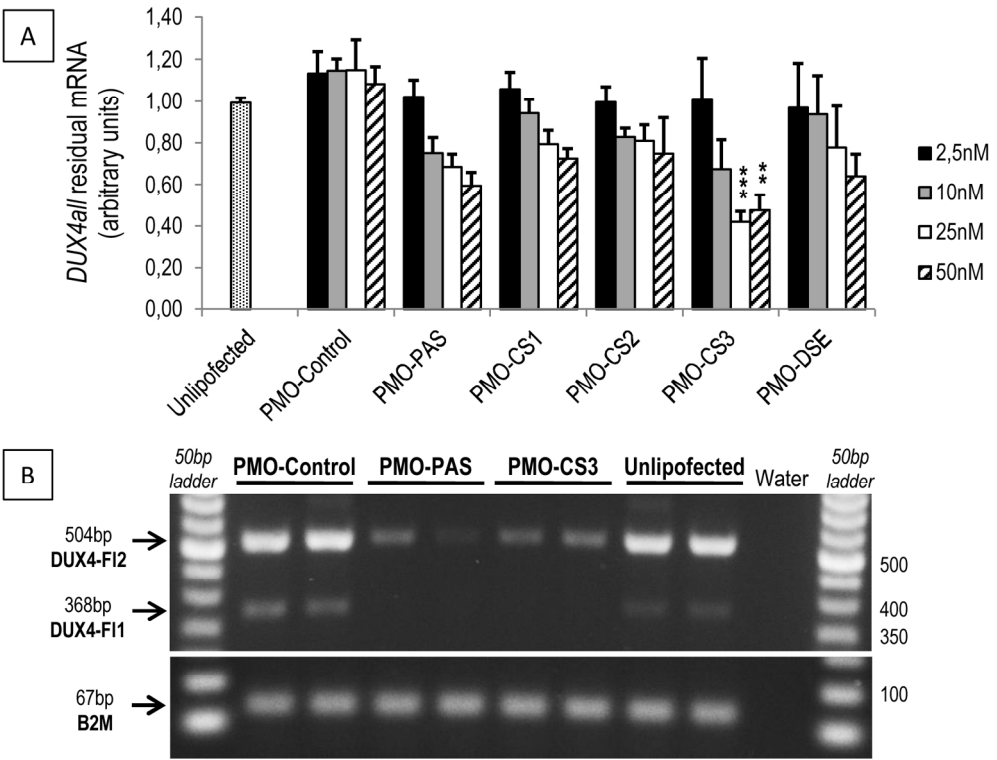


Figure 2: DUX4 expression in the presence of the PMOs

Immortalized FSHD myotubes were transfected with PMOs in a dose dependent manner. (A) The percentage of residual DUX4-all mRNA was measured by semi quantitative PCR using ImageJ software on gel scans. Independent transfections for PMO-control, -PAS, -CS1, -CS2, CS3, and -DSE ($n \geq 6$) were performed. Values are compared to unlipofected conditions. All data represent mean \pm Standard Error of Mean (SEM). A multiparametric analysis of variance and a Newman-Keuls post hoc test were performed ($*p < 0.05$; $**p < 0.01$; $***p < 0.001$). (B): Representative RT-PCR analysis using DUX4-3'UTR primers in the presence of PMO-control, PAS, and -CS3 at 50 nM. As a negative control, a PMO targeting a human β -globin mutation that causes β -thalassemia was used. B2M was used as the reference (housekeeping) gene.

153x117mm (300 x 300 DPI)

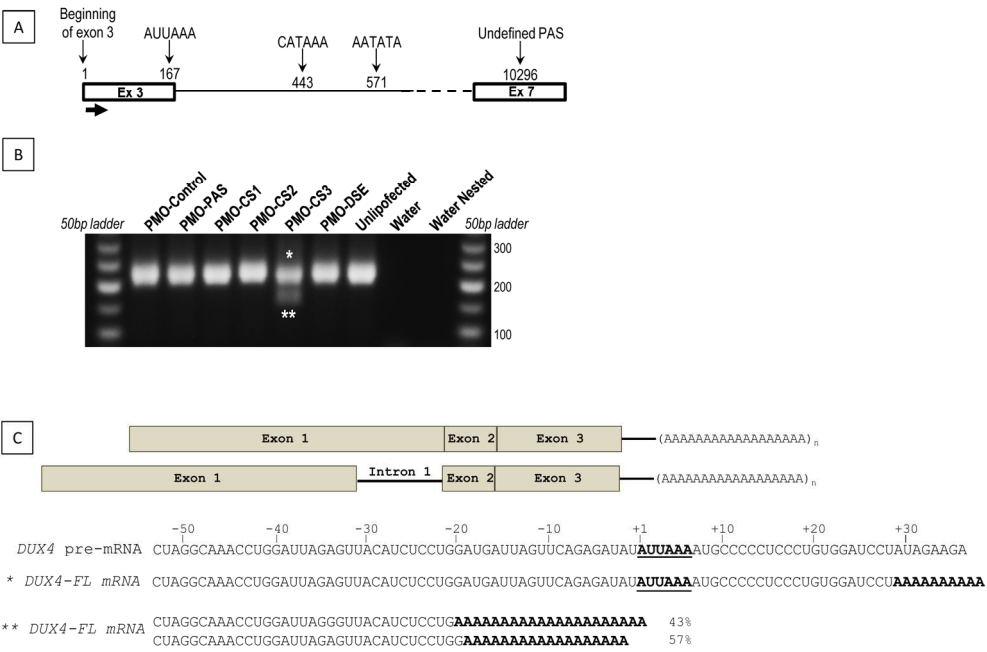


Figure 3: PMO-CS3 induces a switch in cleavage site usage. A redirection of poly(A) usage was investigated in the presence of the different PMOs. (A) In silico analyses and literature (18) reveal the presence of alternative polyadenylation site in the subtelomeric region of chromosome 4. (B) 3'RACE nested PCR using forward primers located in exon 3 shows a switch in cleavage site only in the presence of PMO-CS3. The bands with (**) or without (*) a redirection of the cleavage site are indicated. (C) Sequence of the most abundant mRNA carrying the redirected cleavage site (*DUX4* pre-mRNA). The sequence of poly(A) site is underlined and bolded. The poly(A) tail is in bold. The frequencies of each variant showing alternative cleavage site usage are indicated (14 analyzed sequences).

180x116mm (300 x 300 DPI)

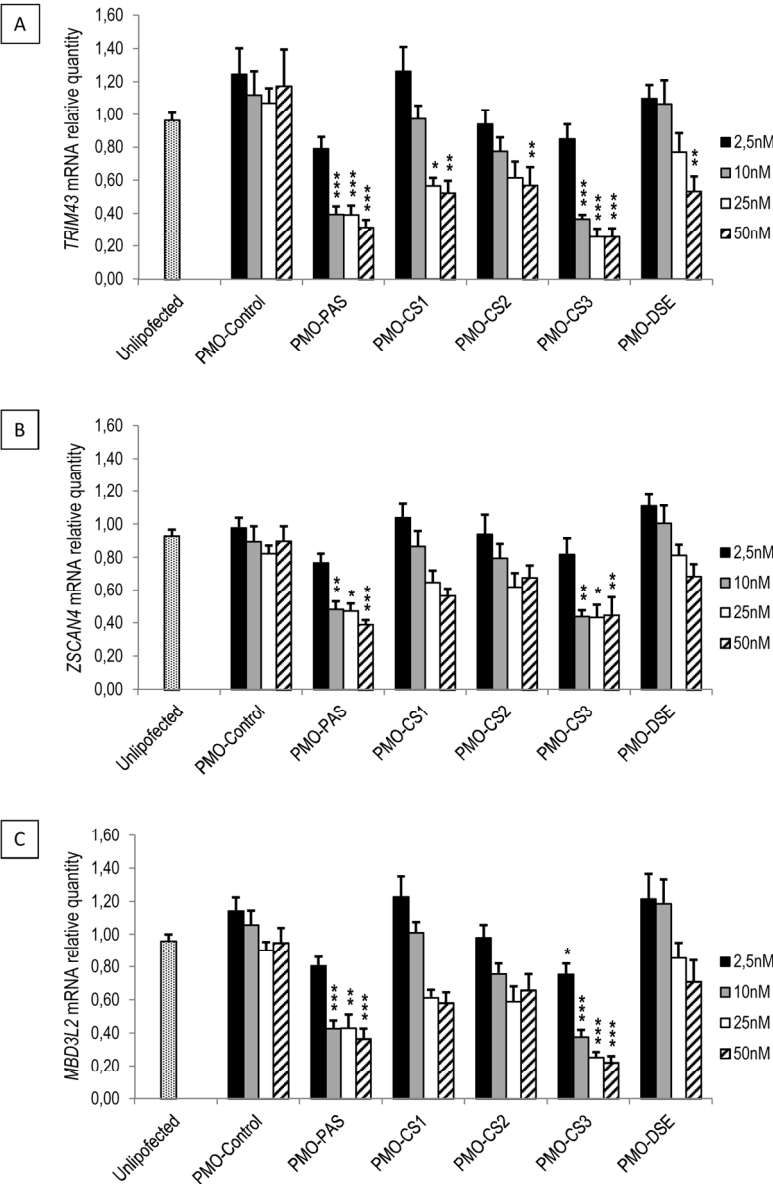


Figure 4: Expression of the genes downstream of DUX4 in presence of the PMOs
Expression levels of TRIM43 (A), ZSCAN4 (B) and MBD3L2 (C) were measured by RT-qPCR in FSHD myotubes (4 days of differentiation) in the presence of the PMOs at different concentrations and compared to the PMO control at the same concentration. Values are compared to uninfected conditions. B2M was used as a normalizer. Data represent mean +/- standard error of mean from independent transfections for PMO-control, -PAS, -CS1, -CS2, CS3, and -DSE (n≥6). A multiparametric analysis of variance and a Newman-Keuls post hoc test were performed (*p<0.05; **p<0.01; ***p<0.001).

135x199mm (300 x 300 DPI)

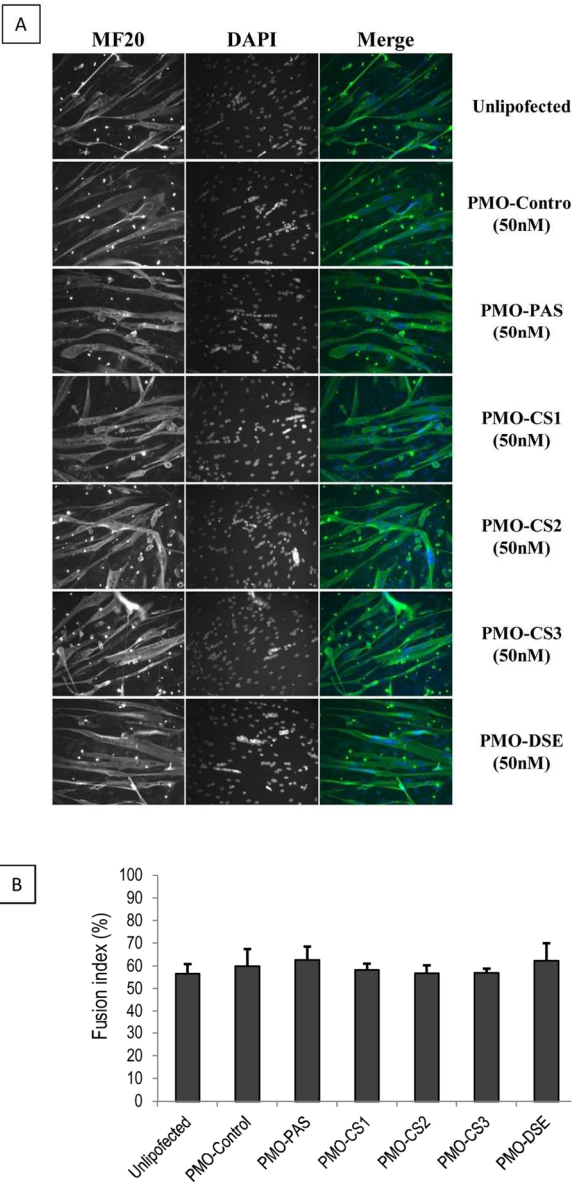


Figure 5: Fusion index of immortalized FSHD myotubes in the presence of the PMOs
Immortalized FSHD myotubes were transfected at day 2 of differentiation with the different PMOs at 50 nM. At day 4 of differentiation, cells were stained with MF20 antibody recognizing all the myosin heavy chain and counterstained with Dapi (A). Fusion indexes were calculated by counting the number of nuclei in myotubes containing more than 2 nuclei as the percentage of total number of nuclei (B). The transfections were performed 6 times for the unlipofected, 4 times for PMO-control, -PAS -DSE, and 2 times for PMO-CS1, CS2-, CS3. In each experiment, 1000 nuclei were counted. All data represent mean +/- Standard Deviation (SD).
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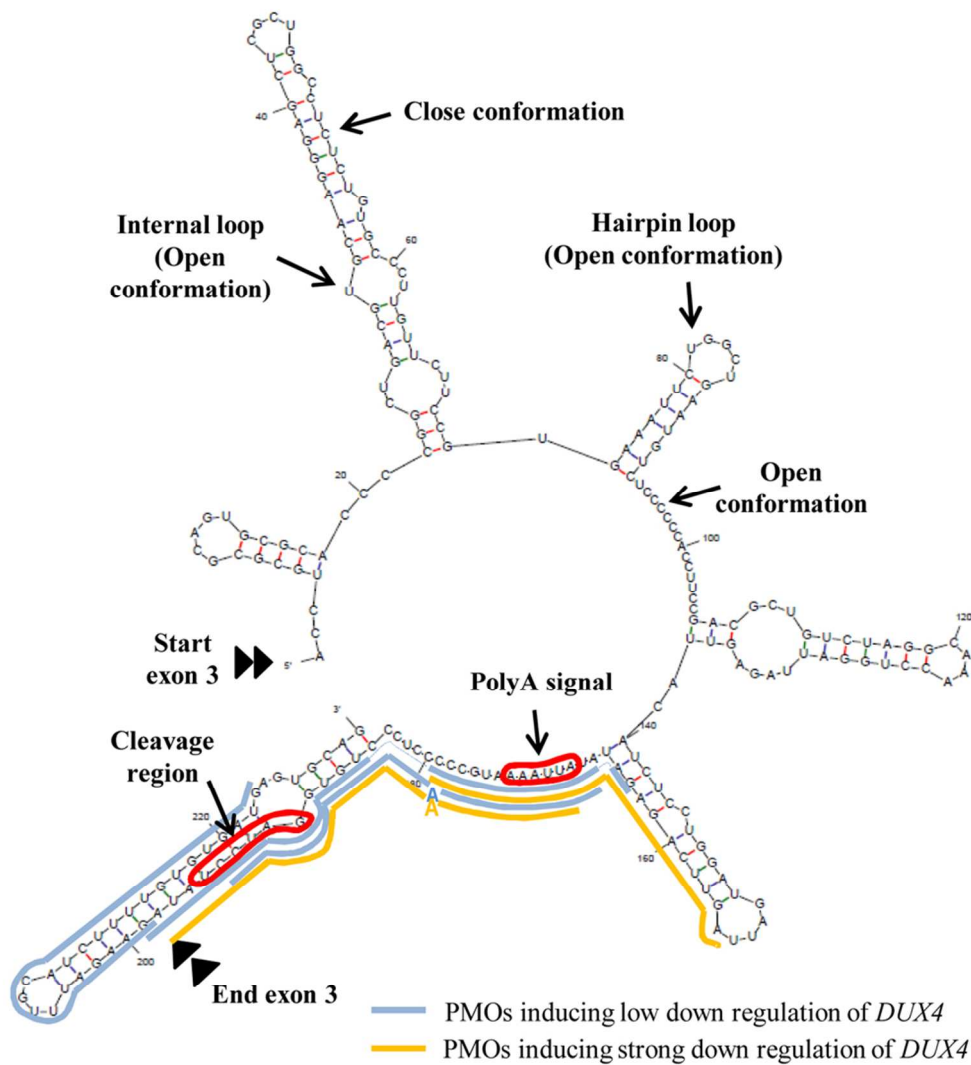


Figure 6: Secondary structure predictions of DUX4 mRNA

Mfold analysis was performed on the 3' end of DUX4 (starting first nucleotide of exon 3 and ending 230 nucleotides downstream). The poly(A) signal and the cleavage region are boxed in red. The positions of the sequences recognized by the PMOs are in yellow for the PMOs inducing a strong down-regulation of DUX4, whereas the others are in blue. Examples of opened and closed RNA secondary structures are indicated.

86x93mm (300 x 300 DPI)